# Community Resource Guide



compiled by the Integrated Delivery System

HILL AFB, UT 84056

Updated August 2010

# **Hotlines**

Davis County Crisis Line (24 Hour Crisis/Suicide Prevention Hotline)	801-773-7060
Weber County Crisis Line (24 Hour Crisis/Suicide Prevention Hotline)	801-625-3700
Rape Crisis Hotline (Rape/Sexual Assault Trauma Support Services)	888-421-1100 801-467-7273
Safe Harbor (Supportive Services for Victims of Domestic Violence)	801-444-9161 801-444-3191
Child Abuse 24 hr. Hotline	801-395-5911
Adult Abuse 24 hr. Hotline	800-371-7897
Community Resource Line	2:1:1

**Disclaimer**: Inclusion on this list does not represent an endorsement by the United States Air Force or any other entity of the Department of Defense. The Community Resource Guide, complied by the Hill Air Force Base Integrated Delivery System, is intended to provide information about the local community and contact numbers. It is not an exhaustive list of all resources available in the community. Inclusion on the list is open to appropriate organizations in the community on a non-discriminatory basis. For revisions or additions please contact Julie Pinchak, LCSW, Family Advocacy Outreach Manager at 777-3497

# RESOURCES DIRECTORY

# **Emergencies/Life Threatening**

Call 911

**Police Departments** 

298-6000
292-8441
525-2800
774-2630
451-5453
546-1131
497-8300
936-3880
825-1620
825-4400
451-4150

# **Hill Air Force Base Specific**

Airmen and Family Readiness Center (A&FRC)

Alcohol and Drug Abuse Prevention and Treatment

Program (ADAPT) American Red Cross

Chaplain Services (Hill AFB Chapel)

Child Care Services (YC, CDC, FCC)

Civilian Health Promotion Service (CHPS)

**Employee Assistance Program** 

Equal Opportunity Office (EEO)

Family Advocacy Program

Family Support 360 Military

Health and Wellness Center (HAWC)

Integrated Delivery Service (IDS)

Mental Health Clinic

Military Family Life Consultant

School Liaison

Sexual Assault Response Coordinator (SARC)

Special Needs Identification and Assignment

Coordination (SNIAC)

Victim Witness Assistance Program (VWAP)

# **Child Abuse/Nealect**

Childhelp National Child Abuse Hotline

Children's Aid Society of Utah

Covenant House Nine Line, The

CyberTipline

Divisions of Child and Family Services (DCFS)

Family Advocacy Office - Hill AFB

**Family Connection Center** 

Girls and Boys Town National Hotline

House of Hope

**New Horizons** 

Serenity House

# **Child/Youth/Family Services**

Adoption Exchange. The

Base Chapel

Big Brothers Big Sisters of Utah

Boys and Girls Clubs of Weber County

CPR - See Davis Hospital and Medical Center

Children's Center, The

Covenant House Nine Line, The

Davis Behavioral Health Inc.

Divisions of Child and Family Services (DCFS)

Family Advocacy Office

Family Connection Center

Family Counseling Center

Family Enrichment Center/Early Head Start

Family Member Program

Airman and Family Readiness Center

Foster Care Foundation

Girls and Boys Town National Hotline

Holy Cross Ministries

LDS Family Services

National Center for Missing and Exploited Children

National Center on Shaken Baby Syndrome

National Runaway Switchboard

**New Horizons** 

Ogden Rescue Mission

Trauma Awareness and Treatment Center

**Utah Parent Center** 

Utah Youth Village

Women, Infants, and Children Program (WIC)

Young Women's Christian Association (YWCA)

Your Community Connection (YCC)

Youth and Families with Promise (YFP)

# **Domestic Violence/Shelters**

Community Abuse Prevention Services Agency

Domestic Violence Information Line

Family Advocacy Office

Holy Cross Ministries

House of Hope

Intermountain Specialized Abuse Treatment Center

National Domestic Violence Hotline

**New Horizons** 

Safe Harbor

Serenity House

South Valley Sanctuary

Young Women's Christian Association (YWCA)

Your Community Connection (YCC)

# **Parenting Programs**

Airmen and Family Readiness Center

Archway

Davis Behavioral Health

Family Advocacy

Family Connection Center

Family Enrichment Center

Family Support Center of Ogden

New Parent Support Program

Weber Human Services

Your Family Connection

# Pregnancy

Baby Your Baby

Birthright of Ogden

Children's Aid Society of Utah

Covenant House Nine Line, The

Depression After Delivery

# RESOURCES DIRECTORY

Division of Community and Family Health Services

Family Advocacy Office

Family Enrichment Center/Early Head Start

Girls and Boys Town National Hotline

LDS Family Services

National Center on Shaken Baby Syndrome

National Women's Health Information Center

New Parent Support Program

Planned Parenthood

Postpartum Education for Parents

Pregnancy Riskline

Share Parents of Utah

Women, Infants, and Children Program (WIC)

# **Health Care/Special Needs/Hospitals/Clinics**

Children with Special Health Care Needs

Civilian Health Promotion Services (CHPS)

Davis Hospital and Medical Center

Division of Community and Family Health Services

Easter Seals Utah

Family Health Services

Health and Wellness Center

Hill AFB 75th Medical Group

Holy Cross Ministries

Lakeview Hospital

LDS Hospital, Intermountain Health Care

McKay-Dee Hospital

NAMI Utah (National Alliance on Mental Illness)

National Women's Health Information Center

Ogden Regional Medical Center

Ogden Rescue Mission

Primary Children's Medical Center

St. Mary's Home

Utah Parent Center

# Mental Health/Counseling

Air Force Suicide Prevention Program

Base Chapel

Bereavement Services

Caring Connections

Center for Grieving Children/Family Summit Foundation

Covenant House Nine Line, The

Davis Behavioral Health Inc.

Depression After Delivery

Employee Assistance Program (EAP)

**Empowerment Counseling** 

Family Counseling Center

Girls and Boys Town National Hotline

Intermountain Behavioral Health Network

Intermountain Specialized Abuse Treatment Center

Leader's Guide to Managing Personnel in Distress

Legacy Suicide Support Group

LDS Family Services

Life Skills Support Center

Military One Source

New Horizons

Postpartum Education for Parents

Sharing Place, The

St. Anne's Center

Trauma Awareness and Treatment Center

#### **Substance Abuse**

Alcohol and Drug Abuse Clinic

Alcohol and Drug Abuse Prevention and Treatment

Alcoholic's Anonymous

Al-Anon Family Support

Davis Behavioral Health Inc.

Haven, The

House of Hope

**New Horizons** 

Serenity House

St. Mary's Home

# Rape & Sexual Assault

Community Abuse Prevention Services Agency

Covenant House Nine Line, The

Girls and Boys Town National Hotline

Intermountain Specialized Abuse Treatment Center

Rape Crisis Hotline

Rape, Abuse, & Incest National Network (RAINN)

Sexual Assault Response Coordinator (SARC)

Utah Coalition Against Sexual Assault (UCASA)

# **Support Groups**

**Bereavement Services** 

Caring Connections

Compassionate Friends

Covenant House Nine Line, The

Family Summit Foundation

Girls and Boys Town National Hotline

Legacy Suicide Support Group

Le Leche League

M.O.P.S

Northern Utah Autism Society

Sharing Place, The

St. Anne's Center

# **Volunteer Services**

American Red Cross

Big Brothers Big Sisters of Utah

Easter Seals Utah

Girls and Boys Town National Hotline

Ogden Rescue Mission

Points of Light Foundation & Volunteer Center

Safe Harbor

Volunteers of America, Utah (VOA)

Volunteer Center of Davis County

# **Air Force Websites**

Air Force Crossroads

Air Force Suicide Prevention Program

Air Force Readiness Edge

AFMC Supervisors' Resource Center

AFMC Wellness Support Center

Leader's Guide to Managing Personnel in Distress

MilitaryHOMEFRONT

Military One Source

# RESOURCES DIRECTORY

# **Other Services**

**AFMC Wellness Support Center** 

American Red Cross

Expanded Food and Nutrition Education Program

Family Support Center

Girls and Boys Town National Hotline

Holy Cross Ministries

HEAT (Home Energy Assistance Target) Program

211 Info Bank

Layton City Victim Services

Medicaid

Military Equal Opportunity

Military One Source

National Center for Victims of Crime

National Organization for Victim Assistance

Ogden Rescue Mission

Poison Control Center

St. Anne's Center

St. Mary's Home

Utahcares

Victim Information & Notification Everyday (VINE)

Victim Witness Assistance Program (VWAP)

Your Community Connection (YCC)

#### Adoption Exchange, The

975 East Wood Oak Lane Suite 220 Salt Lake City, UT 84117 (801) 265-0444 www.utdcfsadopt.org

Purpose/Description: To find permanent adoptive homes for children who have been abandoned, neglected, or abused. Services: Recruit adoptive families, provide connection between parents and children through quarterly adoption parties, provide info and referral on all adoption issues, and a lending library.

Fees: None

Area Served: Statewide

# AFMC Supervisors' Resource Center

https://afkm.wpafb.af.mil/ASPs/CoP/openCoP.asp?Filter=OO-ED-MC-02

*Purpose/Description:* To provide resources and tools to help you enhance your supervisory skills, allow sharing of information, disseminate policy and guidance, and provide a forum in which you may collaborate with others leaders.

Services: Junior Force information, mentoring, supervisor's

toolbox, free handbooks.

Fees: None

Area Served: Air Force Personnel

# **AFMC Wellness Support Center**

www.afmcwellness.com

Purpose/Description: A comprehensive lifestyle management

center. Completely anonymous program.

Services: A whole range of services that will connect you

w/resources in the four dimensions of wellness.

Fees: None

Area Served: AFMC

# Air Force Crossroads

http://www.afcrossroads.com

Purpose/Description: Supporting the USAF Community! Services: Information on military installations, surviving deployment, parenting, financial management, employment assistance, teens and youth information, health & wellness, leisure activities.

Fees: None

Area Served: Air Force Personnel

# Air Force Suicide Prevention Program

http://afspp.afms.mil

Purpose/Description: Broad source of info on how to help

personnel in distress.

Services: This site is designed to provide information and tools to members of the Air Force community in their efforts to help

reduce Air Force suicides. Fees: None

Area Served: Air Force Personnel

# Air Force Readiness Edge

http://www.afcrossroads.com (look under Deployment)

Purpose/Description: Deployment information for families,

individuals, commanders, supervisors.

Services: Lists and describes Air Force and other resources, their websites, and telephone numbers for family assistance.

Fees: None

Area Served: Air Force Personnel

# Airman and Family Readiness Center

5837 D Avenue, Bldg. 150 Hill AFB, UT 84056 (801) 777-4681 www.hill.af.mil/familv/

Purpose/Description: To support readiness by helping families and single military members adapt to the demands of AF life. Services: Provides information, referral and follow-up, and conducts family life education and skills.

Fees: None

Area Served: Military members and their families

# Alcohol and Drug Abuse Clinic

University of Utah Health Sciences Center 30 North 1900 East 1B 620 Salt Lake City, UT 84132 (801) 581-6228

Purpose/Description: Outpatient evaluation and treatment for alcohol and drug abuse for adults.

Services: Evaluation services, treatment program - group and/or individual counseling, public education program, Prime for Life - DUI education classes (4 weeks, 16 hours total), and referrals for other rehabilitation programs, detox, vocational services, etc.

Fees: Set

Area Served: Statewide

# Alcohol and Drug Abuse Prevention & Treatment

7329 11<sup>th</sup> Street Bldg 545 Hill AFB, UT 84056 (801) 777-7909

Info on www.75mdg.hill.af.mil

Purpose/Description: Designed to promote health and wellness through the prevention and treatment of substance abuse. Services: Treatment is for individuals and groups who have been evaluated and diagnosed with substance abuse or dependence, but who do not require in-patient care. We assist participants to attain and maintain sobriety, utilize support networks and to change self-destructive behavioral patterns. Fees: None

Area Served: Military members and adult dependents

#### Alcoholic's Anonymous

393-4728

http://www.aa.org

*Purpose/Description:* is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Services: Support and fellowship

Fees: None

Area Served: Nationwide

# Al-Anon Family Support

393-2311

Purpose/Description: For over 55 years, Al-Anon (which includes Al-Ateen for younger members) has been offering strength and hope for friends and families of problem drinkers.

Services: Support Fees: None

Area Served: Nationwide

#### American Red Cross

2955 Harrison Blvd. Suite 204 Ogden, UT 84403 (801) 627-0000 http://www.utahredcross.org/

Purpose/Description: An organization led by volunteers who help people in emergencies and many more acts of service. Services: Utility assistance, Armed Forces emergency services, learning and teaching others, First Aid/CPR instructors, Disaster Action Teams, and National / International relief.

Fees: None, Fee for courses and materials

Area Served: Davis and Morgan Counties

# **Archway Youth Services**

2660 Lincoln Ave Ogden, UT 84401 778-6500

1353 N 1075 West, Ste 101, Farmington, UT 84025

447-0958

Purpose/Description: Offering services to benefit the youth in the local community

Services: Focuse

Services: Focused on youth services in the area of substance abuse, aggression replacement, and theft reform. Also offers parenting programs.

Fees: Free

Area Served: Davis and Weber Counties

# Baby Your Baby

Utah Department of Health 288 North 1460 West Salt Lake City, UT 84116 1 (800) 826-9662 www.babyyourbaby.org

Purpose/Description: To provide prenatal and well-child information and referrals.

Services: Financial assistance is available on a temporary basis to pregnant women who do not have the money to pay for prenatal care. Provides statewide referral to health care resources and other pregnancy or child related programs.

Fees: None

Area Served: Statewide

## Bereavement Services

Primary Children's Medical Center (PCMC) Mario Capecchi Drive Salt Lake City, UT 84113 (801) 662-3774

Purpose/Description: Support for adults, children, & adolescents who have experienced the death of a significant person. Services: Support groups for adults, children, & adolescents.

Fees: Set

Area Served: Statewide

#### Big Brothers Big Sisters of Utah

151 East 5600 South Suite 200 Salt Lake City, UT 84107 (801) 313-0303 http://www.bbbsu.org

Purpose/Description: To provide mentors to children in our community who would benefit from the relationship.

Services: Offers a variety of volunteer experiences, community-based, school-based, & youth corrections mentoring programs. Fees: None

rees. None

Area Served: Salt Lake, Davis, Weber, and Summit Counties

# Birthright of Ogden

3564 Lincoln Avenue, Suite 3A Ogden, UT 84401 (801) 392-1576

Purpose/Description: Pregnancy counseling, information, and abortion alternatives.

Services: Free pregnancy tests, accurate info on options, loan closet for maternity clothes, free prenatal literature, referral to licensed agencies for adoption, free infant layettes for clients close to delivery, financial planning, emergency housing on a limited basis, and referral to professional services as needed. Fees: None

Area Served: Box Elder, Weber, Morgan, & Davis Counties

# Boys and Girls Clubs of Weber County

1821 West Iomega Drive Roy, UT 84067 (801) 332-5800 http://www.bgcwd.org

Purpose/Description: To inspire and enable all young people, including those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens. Services: Provides after-school and summer programming for kids ages 6-18.

Fees: None

Area Served: Davis and Weber Counties

# **Caring Connections**

10 South 2000 East Salt Lake City, UT 84112 (801) 585-9522

www.nurs.utah.edu/caringconnections/index.html

Purpose/Description: To provide grief counseling and grief/bereavement info, materials, and programs to the community. Services: Various bereavement support groups for children, adolescents, and adults in the areas of parental loss, suicide loss, homicide loss, and traditional loss. Informative reading material on the death of a loved one. Private grief counseling referrals. Various programs on bereavement all year.

Fees: Set

Area Served: Statewide

#### Center for Grieving Children

560 39<sup>th</sup> Street Ogden, UT 84403 (801) 476-1127 www.familysummit.com

*Purpose/Description:* Provides support in a safe environment for children grieving the loss of a loved one.

Services: Support Groups for adults and children. Provides education/training on grief and the grief process.

Fees: None

Area Served: Northern Utah Counties

# Childhelp National Child Abuse Hotline

1 (800) 4-A-CHILD or 1(800) 422-4453 www.childhelpusa.org

Purpose/Description: To meet the physical, emotional, and spiritual needs of abused and neglected children.

Services: National hotline, advocacy centers, treatment,

professional training, Good Touch/Bad Touch education, community outreach, and other programs by the State.

Fees: None

Area Served: National Program

# Children with Special Health Care Needs

44 North Medical Drive Salt Lake City, UT 84113 (801) 584-8284

http://www.health.utah.gov/cshcn/

Purpose/Description: To improve the health and functional status of all children in Utah with special health care needs by assuring access to comprehensive, coordinated, and quality care that is family-centered and community-based.

Services: Evaluations for developmental Pediatrics, learning and behavioral Pediatrics, speech/language, Psychology and more.

Fees: Sliding Scale Area Served: Statewide

# Children's Aid Society of Utah

652 26th Street Ogden, UT 84401 (801) 393-8671 http://www.casutah.org

Purpose/Description: To prevent child abuse & neglect through pregnancy counseling, parenting education, and adoption. Services: Pregnancy counseling, adoption services, parenting

education classes, and post adoption support.

Fees: Varies by Service Area Served: Statewide

# Child Care Services of Hill AFB

Youth Center (801) 777-2419 Child Development Center (801) 801-777-6321 Family Child Care (801) 777-0695

Purpose/Description: Provide quality care for children and youth. Services: Child care, youth sports, youth programming, and teen programs.

Fees: Varies by service

Area Served: Team Hill families

# Children's Center, The

350 South 400 East Salt Lake City, UT 84111 (801) 582-5534 http://www.tccslc.org

Purpose/Description: Treatment of emotionally disturbed preschool children and their families.

Services: Therapeutic preschool program, counseling, individual/group therapy for preschoolers, parent/family counseling, residential treatment center for young children, and day care consultation and training.

Fees: Sliding Scale, third party Area Served: Statewide

# Civilian Health Promotion Services (CHPS)

Warrior Fitness Center, Hill AFB, UT 84056 586-9586

Info on www.afmcwellness.com

Purpose/Description: To help improve health and well-being of the civilian workforce through education and screenings. Services: Cardiac Risk Profiles, free cholesterol screening. follow-up appointments for health questions/concerns. counseling, referrals to an on-line system to monitor personal health goals and progress, weight and blood pressure checks. and health information and classes.

Fees: Call for information

Area Served: HAFB Civilian Employees

# Community Abuse Prevention Services Agency

P.O. Box 3617 Logan, UT 84323

(435) 752-4493 Crisis Line: (435) 753-2500 http://www.CAPSA.org

Purpose/Description: Dedicated to helping victims of domestic violence and sexual assault, and educating the public in order to prevent violence in our community.

Services: 24-hour crisis intervention and community referral. emergency shelter, food, clothing and household supplies. Support groups for domestic violence and sexual assault.

Fees: None Area Served: Statewide

Compassionate Friends. The

(801) 731-8926 Ogden Chapter www.anderdon4@comcast.net

Purpose/Description: Support group for families who have lost a

child through death (regardless of cause).

Services: Monthly meetings for grandparents, family, significant

others and friends, and adolescent siblings.

Fees: None

Area Served: Statewide

# **CyberTipline**

699 Prince Street Alexandria, VA 22314-3175 1 (800) 843-5678 www.cybertipline.com

Purpose/Description: For reporting the exploitation of children. Services: Offers a means of reporting incidents of child sexual exploitation, such as child pornography. Staffed 24/7.

Fees: None

Area Served: National Program

#### Davis Behavioral Health Inc.

2250 N 1700 W Layton, UT 84041 (801) 773-7060

Purpose/Description: Offers a variety of mental health and

substance abuse services.

Services: Counseling (all ages), Women's Recovery Center, Youth Program, Addiction & Recovery Unit, and parenting

programs to include Love and Logic

Fees: Varies by Service Area Served: Davis County

# Davis Behavioral Health Inc. -Intensive Outpatient Program (Adult)

1190 E 1450 S Clearfield, UT 84015 (801) 776-4800

Purpose/Description: Substance abuse treatment.

Services: Outpatient substance abuse treatment services.

Fees: Varies by Service Area Served: Davis County

# Davis Hospital and Medical Center

1600 West Antelope Drive Layton, UT 84041 (801) 807-1000

http://www.davishospital.com/

Purpose/Description: This acute-care facility provides 24-hour emergency care and advanced medical technologies along with

a highly skilled staff of dedicated professionals.

Services: Physical and mental medicine, in-patient and outpatient facilities. Offers free infant/child CPR classes

Fees: Varies by Service

Area Served: Davis and Weber Counties

# Depression After Delivery Postpartum Support International

P.O. Box 60931 Santa Barbara, CA 93160 (805) 967-7636/ support line 1-800-944-4773 http://www.postpartum.net

Purpose/Description: Support, education, advocacy, and research for people living with mental illness through various activities and services.

Services: Website, toll-free helpline, and support groups.

Fees: None

Area Served: National Program

# Divisions of Child and Family Services (DCFS) Child Protective Services

1350 East 1450 South Clearfield, UT 84015 (801) 776-7300 950 East 25th Street, Ogden, UT (801) 629-5800 (801) 544-1298 24 hour reporting http://www.hsdcfs.utah.gov/

Purpose/Description: To prevent child abuse and neglect. Services: Offers foster care, family services, services for youth and assistance with domestic violence.

Fees: None

Area Served: Davis County, Weber, Morgan

# Division of Community & Family Health Services

288 North 1460 West Salt Lake City, UT 84116 (801) 538-6901

http://www.health.utah.gov/cfhs/

Purpose/Description: Provide services for reducing infant mortality, promote the health of mothers and children. Services: Children with special health care needs, health promotion, and maternal & child health.

Fees: Varies by service Area Served: Statewide

# **Domestic Violence Information Line**

205 North 400 West Salt Lake City, UT 84103 1 (800) 897-LINK http://www.udvc.org

Purpose/Description: To link people involved in a domestic violence relationship to information and/or resources.

Services: Operates 24 hours per day, seven days per week. Maintains a database of shelters/safehouses, licensed domestic violence treatment programs, victim advocate programs, and local domestic violence coalitions throughout the state of Utah. Referrals to counseling and other services available.

Fees: None

Area Served: Statewide

# Easter Seals Northern Rocky Mountain

350 South 400 East Salt Lake City, UT 84111 (801) 633-2091 Contact Ms. Janet Wade <a href="http://www.esgw-nrm.easterseals.com">http://www.esgw-nrm.easterseals.com</a>

*Purpose/Description:* Enrich the lives of people with disabilities or special needs and their families. Helps people with disabilities address life's challenges.

Services: Providing theraputic services for children (birth-18yrs) also, services for children with autism to age 7 years.

Fees: State fee for services; private pay

Area Served: Wasatch Front Counties

Employee Assistance Program (EAP)

5837 D Avenue, Bldg. 150 Hill Air Force Base, UT 84056 1 (800) 222-0364 (24 hr)

Purpose/Description: To provide the command's 60,000 plus civilian employees and their families free, voluntary and confidential counseling on things like family or job-related problems, stress, depression, anxiety or other individual issues that could impact work performance

Services: Free counseling and referral assistance.

Fees: Call for information

Area Served: HAFB Civilian Employees

# **Empowerment Counseling**

(801) 60-2547

www.empoweringfamilies.net

<u>Purpose/Description</u>: Services focus on supporting the parents and caregivers since they are truly the caretakers of this sacred time of learning and development

Services: Therapy services for families, parents and children emphasizing an intensive, in-home model. Commonly serving individuals with Bipolar, ADHD, ADD, RAD, Depression, Oppositional Defiance, school failure, lack of motivation, poor problem solving, communication, coping skills, parent issues and more.

Fees: varies

Areas Served: Salt Lake, Davis, and Utah Counties

# **Equal Opportunity Office (EEO)**

Bldg 1294 (So Entrance) Hill AFB, ÚT 84056 (801) 777-3663 Hotline: 1 (800) 558-1404

Purpose/Description: To assist all DoD personnel, and/or active duty members and their families and retirees by providing education and services.

*Services:* Assists to help address concerns that affect health, behavior, duty performance, & the mission. Assists Commanders in assessing the human relations climate in their organization.

Fees: None

Area Served: Hill AFB

# **Expanded Food and Nutrition Program**

Davis County- 28 E. State Street P.O. Box 618 Farmington, UT 84025 (801)451-3412 Weber County- 1181 N. Fairgrounds Drive, Ogden, UT 84404 (801)399-8201

www.extension.usu.edu

Purpose/Description: Helping families to prepare tasty, affordable, nutritious, safe and fast meals.

Services: In home food and nutritional education through Utah

State Extension Program

Fees: None

Area Served: Statewide

# Family Advocacy Program

7329 11th Street Bldg 547 Hill AFB, UT 84056 (801) 777-3497

Info on www.75mdg.hill.af.mil

Purpose/Description: The primary office for preventing and treating family maltreatment involving Active Duty members and their families.

Services: Family violence intervention, parenting education, marital therapy, outreach program and resource connection.

Family Advocacy Nurse offering home visits through the New

Parent Support Program.

Fees: None

Area Served: Military members and their families

# Family Connection Center

1360 East 1450 South Clearfield, UT 84015 (801) 773-0712

Purpose/Description: To strengthen families, facilitate a caring community, and protect children.

Services: Offers emergency assistance, food bank operations, parenting education, neuro-feedback therapy, child care in times of crisis/stress, supports victims of domestic violence, & counseling for marital discord. 24/7.

Fees: None

Area Served: Davis and Morgan Counties

# Family Counseling Center

Address: 5250 So. Commerce Dr. Ste 250 Murray, UT 84107

(801) 261-3500

Purpose/Description: Dedicated to improving and enhancing the

emotional well-being of families.

Services: Counseling - individual, couple, family, psychiatric evals and medication management, substance abuse treatment, domestic violence therapy, and referrals.

Fees: Sliding Scale Area Served: Statewide

# Family Enrichment Center/Early Head Start

320 South 500 East Kaysville, UT 84037 (801) 402-0650

Purpose/Description: A child development program for pregnant

mothers and children from low-income families.

Services: Early intervention, Special education, and Preschool

as well as parenting education.

Fees: Set

Area Served: Davis County

# Family Health Services

50 E State Street Farmington, UT 84025 (801) 451-3351

Purpose/Description: Preventive services to those with particularly low-income uninsured and underinsured.

Services: Cancer screening, HIV/STD clinic, tobacco education/ cessation, prenatal/home visitation, and car seat safety.

Fees: Sliding Scale

Area Served: Davis County

# Family Support 360 Military

Hill AFB (801) 586-4735

Purpose/Description: These one-stop centers will enhance the capabilities of families in assisting children with developmental disabilities to achieve their maximum potential; support the increasing ability of children with developmental disabilities to exercise greater choice and self-determination and to engage in leadership activities in their communities; and ensure the protection of children with developmental disabilities' legal and human rights.

Services: Assist families with children with disabilities

Fees: Free

Areas Served: Utah Military families

# Family Support Center of Ogden

3340 South Harrison Blvd Ste 100, Ogden, UT 84403 (801)-393-3113 www.fscogden.org

Purpose/Description: The Mission of the Family Support Center is to protect children, strengthen families and prevent child abuse.

Services: Offers parenting enrichment focusing on children 12 and vounger and blended families. Respite nursery available. Fees: Mostly free, parenting education is \$20; however \$20 gift card to Smith's is given at the completion of the class

Areas Served: Weber County (for Davis see Family Connection

Center)

# Force Support Squadron-Airmen and Family Services

CDC Bldg 470 HAFB (801) 777-6321 Youth Center Bldg 883 HAFB (801) 777-2419 FCC Bldg 460 Hill AFB (801)777-0695

Airmen& Family Readiness, Bldg 150, Hill AFB (801) 777-4681 www.75thforcesupport.com

Purpose/Description: ????

Services: Child Development Center, Youth Center, Family Child Care, school age programs and summer camps, pre-teen & teen programs, youth sports, extended duty care, subsidy care, and boys & girls club programs, Give Parents a Break.

Fees: Varies by service

Area Served: Hill AFB; Active duty military and DoD civilians.

# Foster Care Foundation

111 Christmas Box Lane Ogden UT 84404 (801) 392-1114 http://www.utahfostercare.org/

Purpose/Description: Serves foster children by finding.

educating, and nurturing foster families.

Services: Train and educate foster families by providing competency-based standard curriculum for certification.

Fees: None

Area Served: Statewide

# Girls and Boys Town National Hotline

1 (800) 448-3000

http://www.girlsandboystown.org/home.asp

Purpose/Description: 24/7crisis, resource & referral line. Services: Residential services, emergency shelter, short-term residential services, family preservation services, and common sense parenting.

Fees: Nonprofit Organization Area Served: National Program

# Haven, The

974 East South Temple Salt Lake City, UT 84102 (801) 533-0070

http://www.havenhelps.com

Purpose/Description: Co-educational, inpatient residential alcoholism and drug treatment.

Services: Group/individual therapy, vocational assistance and

rehabilitation, and alcohol & drug education.

Fees: Sliding Scale Area Served: Statewide

#### Health and Wellness Center (HAWC)

Bldg 1277 Hill AFB, UT 84056 (801)777-1215 www.hill.af.mil/hawc/

Purpose/Description: Provide programs to help AD & family

members with health education.

Services: Stress management, Nutrition 101, Physical fitness,

Tobacco cessation, and more.

Fees: None

Area Served: Hill AFB

# Hill AFB 75th Medical Group

7321 11th Street Bldg. 570 Hill AFB, UT 84056 (801) 728-2600 www.75mdg.hill.af.mil

Purpose/Description: Maintain a healthy work force by providing full-spectrum, high quality, cost-effective healthcare while supporting combat readiness.

Services: Aeromedical Services, Occupational Medicine, Optometry, Public Health, Dental, Pediatrics, Family Practice Clinic, Gynecology, Immunizations, Life Skills, Family Advocacy, Physical Therapy, Laboratory, Logistics, Pharmacy, Radiology, TriCare, and Cancer Registry.

Fees: None

Area Served: TriCare beneficiaries

#### Hill AFB Chapel

Bldg 475 Hill AFB, UT 84056 (801) 777-2106 www.hill.af.mil/chapel/index.htm

Purpose/Description: Spiritual support, counseling, spiritual programming, youth groups, women's groups Services: Protestant, Catholic, Ecumenical programs, and other religious services. The Chapel facilities are used for chapel activities such as worship services, chapel sponsored lay volunteer programs, Sunday School, CCD, Youth Groups, weddings, funerals, and memorial services.

Fees: None

Area Served: Hill AFB Population

# Hill AFB Integrated Delivery System

Hill AFB, UT 84056

http://www.hill.af.mil/ "Calendar of Events"

Purpose/Description: A leadership team of base agencies and community members who coordinate base prevention activities. Services: Obtain and analyze data from the Air Force Community Assessment, develop the Hill Community Capacity Plan to ensure service delivery meets the needs of Team Hill Members and their families.

Fees: None

Area Served: Hill AFB Population

#### Holy Cross Ministries

860 East 4500 South Suite 204 Salt Lake City, UT 84107 (801) 261-3440

http://www.holycrossministries.org

Purpose/Description: Respond to the communities' needs for health & well being by connecting people to community services. Services: Provides case management, domestic violence assistance, translation and support services for medical, social, employment, and related programs. Offers after school tutoring and summer support to children at risk, professional mental health counseling, and teaches English as a second language. Fees: Varies by Service

Area Served: Statewide

# Home Energy Assistance Target Program (HEAT)

Address: 324 S State St Salt Lake City, UT 84111

(801) 538-8644

www.dced.utah.gov/community/heat.html

Purpose/Description: Provides winter utility payment assistance to low-income households.

Services: Helps low-income households pay a portion of their winter utility bill and/or emergency utility assistance to prevent shut-off. Administers the Utility Moratorium Program to prevent winter utility shut-off.

Fees: None

Area Served: Statewide

# House of Hope

857 East 200 South Salt Lake City, UT 84102 (801) 487-3276 http://www.uafut.org

Purpose/Description: Provides quality substance abuse treatment, education, and prevention services to all in need. Services: Residential, outpatient, DUI education, and aftercare substance abuse treatment programs. Developmental Center/Therapeutic child care program for the children of mothers in treatment.

Fees: Sliding Scale
Area Served: Statewide

#### 211 Info Bank

(801) 497-9111 or Call 211.

www.informationandreferral.org (Search "Resource Lists")

Purpose/Description: Provides information about social services in the Davis County area.

Services: Information and referral, volunteer

services/opportunities, agency services, human services

directory, resource lists, and energy saving tips.

Fees: None

Area Served: National Program

#### Intermountain Behavioral Health Network

5770 South 1500 West Salt Lake City, UT 84123 (801) 233-4100 http://www.ihc.com

Purpose/Description: To promote the biological, psychological, and social well-being of individuals/ families in our community. Services: Acute inpatient and partial hospitalization for adults, adolescents, and child psychiatric care. Residential, chemical, and intensive outpatient programs.

Fees: Varies by Service Area Served: Statewide

# Intermountain Specialized Abuse Treatment Center (ISAT)

189 South State Street Suite 160 Clearfield, UT 84015 (801) 773-2044

http://www.isatcenter.org

Purpose/Description: Treatment and prevention of sexual abuse and domestic violence through a full service evaluation and treatment program.

Services: Psychological evaluation and individual, group, marital, family therapy and educational courses for victims, perpetrators, and significant others of all ages. Substance abuse treatment program, including assessment, individual, and group

therapy. Polygraph testing for sex or domestic violence offender

clients.
Fees: None

Area Served: Wasatch Front from Logan to Springville

Lakeview Hospital

630 East Medical Drive Bountiful, UT 84010

(801) 299-2200

http://www.lakeviewhospital.com/

Purpose/Description: A 128-bed facility that combines advanced technology with expert and compassionate care in offering high

quality, acute/state of the art care services.

Services: Full service hospital. Fees: Varies by Service Area Served: Davis County

Layton City Victim Services

437 North Wasatch Drive Layton UT 84041

(801) 336-3590

http://www.laytoncity.org

Purpose/Description: To address the immediate needs of victims of crime and assist in the process of recovery. Services: Court advocacy for victims involved in the judicial process, assistance with protective orders, crisis intervention, advocacy for victims at hospitals or home.

Fees: None

Area Served: Davis County

LDS Family Services

930 West Hillfield Rd. Suite A Layton, UT 84041

(801) 336-3040

http://www.ldsfamilyservices.org

Purpose/Description: Assist LDS Church members with specialized social services. Parents need not be LDS. Services: Family, marital, and individual counseling /consultation, adoption, and services to unwed parents.

Fees: Individually arranged Area Served: Statewide

LDS Hospital, Intermountain Health Care

8th Avenue - C St. Salt Lake City, UT 84143

(801) 408-1100 www.ihc.com

Purpose/Description: A 520-bed adult care center that offers a full range of health care services and provides quality medical

care to persons with a medical need. Services: Full service hospital.

Fees: Varies by Service Area Served: Salt Lake Area

Leader's Guide to Managing Personnel in Distress

http://afspp.afms.mil (look under Products)

Purpose/Description: Guidance to assist personnel with wide

range of problems.

Services: Provides information for leaders on a wide range of topics related to distress, available resources, and the capacity

to tailor support to specific situations.

Fees: None

Area Served: Air Force Personnel

# Legacy Suicide Support Group/Network

836 36th St. Ogden, UT 84403

(801)394-5556

For more info. Contact Judy or Don Bezoski (801) 771-8476

Purpose/Description: To help survivors of suicide understand

why, and to go on and not blame themselves.

Services: Members available to listen anytime when grief strikes. Also provides seasonal activities and lectures.

Fees: Varies by Service Area Served: Statewide

# Le Leche League of Utah

Utah Referral Line (801) 264-LOVE www.lllusa.org

Purpose/Description: Provide breastfeeding support to

expectant and net mothers

Services: Series Meetings are geared to expectant mothers and mothers nursing during the first year. A Breastfeeding Cafe is a drop-in format. Come anytime during meeting time with your questions.

Fees: \$40 Yearly Membership fee

Area Served: Nationwide

# Make Time for Mom (Formally M.O.P.S of Hill AFB)

Bridge Larsen, Coordinator (801) 698-4308 Jblarsen92@msn.com

Purpose/Description: Provides support and increases socialization to mothers of preschool children

Services: Monthly group meetings hosting various informational presentation and socialization time. Childcare provided for a nominal fee.

Fees: Membership dues and childcare fees.

Area Served: Nationwide

# Mental Health Clinic

7329 11<sup>th</sup> Street Bldg 545 Hill AFB, UT 84056

(801) 777-7909

Info on www.75mdg.hill.af.mil

Purpose/Description: A full-service outpatient center that provides assessment and treatment of psychological problems. Services: Counseling, psychiatric medication management,

consultation with leadership, and outreach.

Fees: None

Area Served: Active Duty Members

# McKay-Dee Hospital

4401 Harrison Boulevard Ogden, UT 84403

(801) 627-2800

intermountainhealthcare.org/xp/public/mckaydee/

Purpose/Description: A 317-bed, full-service tertiary and acute

care center.

Services: Full service hospital. Fees: Varies by service

Area Served: Weber and Davis County County

# Medicaid

(801) 538-6155

http://www.health.utah.gov/medicaid/

*Purpose/Description:* Pays medical bills for people who qualify a category of Medicaid, have low income, or cannot afford the cost of healthcare.

Services: Child Health Insurance, Primary Care Network, and

Utah's Premium Partnership "UPP".

Fees: Set

Area Served: Statewide

# Military HOME FRONT

www.militaryhomefront.dod.mil/

Purpose/Description: The source to obtain info about all DoD

Quality of Life programs and services.

Services: Provides education, training, and development.

Fees: None

Area Served: National Program

# Military One Source

1 (800) 342-9647 www.militaryonesource

Purpose/Description: A 24/7 free support service offering assistance and resources on many different issues.

*Services:* Personal, relational, parenting, deployment, career, money, legal, trauma, relocation, counseling, and more.

Fees: None

Area Served: Military, Reserve, Guard, Retired, and Immediate

Family Members

# Military Family Life Consultant

Hill AFB, UT (801) 388-2501

Purpose/Description: Provides short term, situation, problemsolving counseling services to Service Members and their families

Services: Non-medical counseling services including life skills and military lifestyle related difficulties.

Fees: None

Areas Served: All Services and Guard/Reserve components

# Military Family Life Consultant – Child and Youth Behavioral Program

Hill AFB, UT (801) 388-9492

Purpose/Description: Provide broad ranging support to military children and youth and to the family members and other adults who support them.

Services: Y/C MFLC's engage in activities with children/youth, provide direct intervention in classroom, camp, or family childcare situations, model behavioral techniques and provide feedback to staff, and facilitate psycho-educational groups at child and youth program sites to support children struggling with school adjustment, deployment and separation, reunion adjustment, and behavioral concerns to name a few.

Fees: None

Areas Served: All Services and Guard/Reserve components

# NAMI Utah (National Alliance on Mental Illness)

450 South 900 East Suite 160 Salt Lake City, UT 84102 (801) 323-9900 www.namiut.org

Purpose/Description: To improve the lives of those who suffer from mental illness & their families through education, & support. Services: Educational programs, support groups, mentoring, advocacy, research, and medication programs.

Fees: None

Area Served: Statewide

# National Center for Missing & Exploited Children

699 Prince St. Alexandria, VA 22314 1 (800) THE-LOST or 1 (800) 843-5678 www.missingkids.org

*Purpose/Description:* Assistance in locating or reporting missing/exploited children and raising public awareness.

Services: Information & referral.

Fees: None

Area Served: National Program

# National Center for Victims of Crime

2000 M St NW, Ste 480 Washington, DC 20036 1 (800) FYI-CALL or 1 (800) 394-2255 www.ncvc.org

Purpose/Description: To help victims rebuild their lives. Services: Provide direct services and resources.

Fees: Varies by Service

Area Served: National Program

# National Center on Shaken Baby Syndrome

2955 Harrison Blvd., Ste 102 Ogden, UT 84403 1 (800) 627-3399 or 1 (888) 273-0071 www.dontshake.com

Purpose/Description: To educate, train, and conduct research to prevent abuse.

Services: To promote awareness and training, develop

incidence reporting and advocate research providing new medical technology and prevention efforts.

Fees: Varies by Service

Area Served: National Program

# National Domestic Violence Hotline

1 (800) 799-SAFE or 1 (800) 799-7233 www.ndvh.org

Purpose/Description: Provides confidential support to anyone

involved in a domestic violence situation.

Services: Crisis intervention, safety planning, information about

domestic violence and referrals.

Fees: None

Area Served: National Program

# National Organization for Victim Assistance

510 King Street, Ste 424 Alexandria, VA 22314 1 (800) TRY-NOVA or 1 (800) 879-6682 www.try-nova.org

Purpose/Description: To promote rights and services for victims

of crime and crisis everywhere.

Services: Direct services to victims 24/7.

Fees: None

Area Served: National Program

#### National Runaway Switchboard

3080 North Lincoln Avenue Chicago, IL 60657 1 (800) RUNAWAY or 1 (800) 786-2929 http://www.nrscrisisline.org/

Purpose/Description: Confidential crisis intervention and referrals through a 24-hour hotline for youth and families. Services: Crisis intervention, message relay, conference calling,

Home Free program, and information and referral.

Fees: None

Area Served: National Program

#### National Women's Health Information Center

1 (800) 994-9662 www.4woman.gov

Purpose/Description: Works to improve the health and well-

being of women and girls.

Services: Health information on pregnancy, body image, HIV/AIDS, mental health, violence against women, and more.

Fees: None

Area Served: National Program

#### **New Horizons**

3003 Grant Avenue Ogden, UT 84401 (801) 392-6958

http://www.horizons4u.com

Purpose/Description: To provide high quality programs by experienced staff while still maintaining reasonable costs. Services: Anger management, child custody and pre-sentencing evaluations, and domestic violence & drug/alcohol counseling. Fees: Set

Area Served: Box, Elder, Weber, and Davis Counties

# New Parent Support Program

7329 Balmer Street Bldg 547 Hill AFB, UT 84056 (801) 777-3497

Purpose/Description: Supportive services to families throughout

pregnancy and into toddlerhood.

Services: Home visits, pre-natal and post-pregnancy education, parenting programs, developmental screens and general support to new parents.

Fees: None

Area Served: Military members and their families with children

under 36 months of age.

# Ogden Regional Medical Center

5475 South 500 East Ogden UT 84405 (801) 479-2111 http://www.ogdenregional.com/

Purpose/Description: A 239 bed that provides comprehensive services supported by a network of physicians and clinics.

Services: A full service hospital.

Fees: Varies by service Area Served: Weber County

# **Ogden Rescue Mission**

2775 Wall Avenue Ogden, UT 84401 (801) 621-4360 http://www.ccsutah.org/

Purpose/Description: Serves the needs of the poor, troubled and oppressed, and helps them solve life problems, and become

self-sufficient and healthy.

Services: Food, clothing, day shelter, services for the elderly and disabled; residential assistance and counseling for substance abuse issues and victims of domestic violence.

Fees: None

Area Served: Statewide

# Planned Parenthood Association of Utah

4387 Harrison Blvd Ste D-8 Ogden, UT 84403 (801) 479-7721 www.ppau.org

Purpose/Description: Reproductive and Primary Health Care Services.

Services: Family planning, birth control w/o parental consent, reproductive health and general health exams for males and females, HIV and other STD testing, and pregnancy testing and options counseling and referral.

Fees: Sliding Scale

Area Served: Weber, Morgan, Davis, and Box Elder Counties

# Points of Light Foundation & Volunteer Center www.pointsoflight.org

Purpose/Description: To engage more people and resources more effectively in volunteer service to help solve serious social

problems.

Services: Engages and mobilizes volunteers who are helping to solve serious social problems in thousands of communities.

Fees: None

Area Served: National Program

#### Poison Control Center of Utah

Address: 585 South Komas Drive # 200, Salt Lake City, UT

84108

Contact Number: 1 (800) 222-1222 or (801) 587-0600

http://uuhsc.utah.edu/poison

Purpose/Description: Provides info on acute/chronic poisonings. Services: Operates 24/7 for emergencies or questions about poison and poison prevention.

Fees: None

Area Served: Statewide

#### Postpartum Education for Parents

P.O. Box 6154 Santa Barbara, CA 93160 (805) 564-3888 (Warmline) http://www.sbpep.org

Purpose/Description: Volunteers provide answers and

act as objective, nonjudgmental listeners.

Services: Warmline, a free 24-hour confidential one-on-one support from trained volunteers, Baby Basics Classes, Postpartum Support, and New Parent Discussion Groups.

Fees: None

Area Served: National Program

# **Pregnancy Riskline**

Utah Department of Health Mario Capecchi Drive Salt Lake City, UT 84114 1 (800) 822-2229 (8 a.m.- 6 p.m.) http://www.pregnancyriskline.org

Purpose/Description: Addresses concerns regarding exposures that occur prior to or during pregnancy in the mother or the father. Such exposures include drugs and medications, chemicals, radiation, diseases, and infections.

Services: Serving as an adjunct to the health care provided by medical professionals, the RiskLine will also provide appropriate referrals, community education, and consultation.

Fees: None

Area Served: Statewide

#### Primary Children's Medical Center

Mario Capecchi Drive Salt Lake City, UT 84113 (801) 588-2000

www.primarychildrens.com

*Purpose/Description:* The 232-bed facility is equipped and staffed to treat children with complex illness and injury.

Services: Full service hospital. Fees: Varies by service Area Served: Statewide

#### Rape Crisis Hotline

2035 South 1300 East Salt Lake City, UT 84105 (801) 467-7282/ Crisis Line (801) 467-7273

Purpose/Description: Help victims and families cope with the trauma of rape. Provide educational and preventive services to the community.

Services: 24-hour crisis line, volunteers accompany victim to the hospital and provide support through the medical, police, and legal proceedings, information and referral, support services, and self defense classes.

Fees: None

Area Served: Statewide

# Rape, Abuse, & Incest National Network (RAINN)

1 (800) 656-HOPE http://www.rainn.org/

Purpose/Description: Operates the free and confidential National Sexual Assault Hotline, educates the public about sexual assault, and leads national efforts to improve services to victims and ensure justice.

Services: 24/7 Hotline, Online Hotline, Anti-Violence Legislation, Social Norms Campaign, RAINN Day – educates college students about sexual assault.

Fees: None

Area Served: National Program

# Safe Harbor

P.O. Box 772 Kaysville, UT 84037

(801) 444-3191 Domestic Violence Crisis Line: (801) 444-9161

Rape Crisis Line: 1 (888) 421-1100 www.womensdvshelter.org

Purpose/Description: Provides a safe place and supportive services to victims of Domestic Violence. Helps to reduce domestic abuse at the crisis stage and gives victims, as well as perpetrators, the help they need to stop violence.

Services: Provided by a professional and volunteer staff who are trained to deal with the effects of domestic abuse.

Fees: None

Area Served: Davis County

#### School Liaison

Hill AFB (801) 775-9560

Purpose/Description: Provide assistance to military families

navigating the school system

Services: Assistance with IEP's, PCS issues related to

education and many more.

Fees: Free

Areas Served: Military families

# Serenity House

A program of Utah Alcoholism Foundation 529 25th Street Ogden, UT 84401

(801) 392-5971 http://www.uafut.org

Purpose/Description: Provides substance abuse treatment, education, and prevention services to all in need. Services: Co-ed intensive residential, outpatient substance abuse program, individual/group/family counseling, classes on life skills, grieving, substance abuse education, life skills,

parenting, social, relapse prevention, and aftercare services.

Fees: Varies By Service Area Served: Statewide

# Sexual Assault Response Coordinator (SARC)

Hill AFB, UT 84056

(801) 777-1985 Crisis Number: (801) 920-9179

Website: www.hill.af.mil/sapr/ Email: Hill.SARC@Hill.af.mil

Purpose/Description: Single point of contact for victims from initial report of sexual assault, through disposition and resolution of issues related to victim's health and well-being. Offers both restricted and unrestricted reporting for victims who qualify. Services: Provides a 24/7 sexual assault response capability.

Fees: None

Area Served: AD military, dependents, and DoD civilians.

# Sharing Place, The

1695 East 3300 South Salt Lake City, UT 84106 (801) 466-6730 www.thesharingplace.com

Purpose/Description: Dedicated to providing a safe, caring environment where children, teens, and families who are grieving the death of a loved one may share their feelings while healing.

Services: Grief support groups for children and adults. Outreach to educate community on grief support.

Fees: None

Area Served: Statewide

# South Valley Sanctuary

P.O. Box 1028 West Jordan, UT 84084-1028 (801) 255-1095

http://www.southvalleysanctuary.com/

*Purpose/Description:* To provide emergency shelter and protective services to victims of Domestic Violence and their dependents facing imminent threat of violence by his/her cohabitant. The shelter is open 24/7.

*Services:* Residents are provided with food, clothing, personal care items, and support services. Hotline is available 24 hours a day to provide information and referrals to other resources.

Fees: None

Area Served: Statewide

# St. Anne's Center

137 W. Binford Ave. Ogden, UT 84401 (801) 621-5036

*Purpose/Description:* Provides assistance in many ways to persons who are homeless or low-income. Provides shelter for men, women and children.

Services: Support Groups, emergency shelter, clothing, hygiene products, meals, and help in accessing other community resources.

Fees: None

Area Served: Weber County

#### St. Mary's Home

1206 West 200 South Salt Lake City, UT 84104 (801) 328-1894

http://www.ccsutah.org/stMarys.html

Purpose/Description: Provide residential services to assist male clients with alcohol/substance abuse..

Services: Educational enhancement, referral services to address all medical needs, alcohol/drug abuse recovery and treatment counseling, weekly groups and classes, transitional housing placement and aftercare programs.

Fees: Call for information

#### Share Parents Of Utah

11442 Charter Point Rd. South Jordan, UT 84095 (801) 272-5355

www.shareparentsofutah.org

Purpose/Description: Provides support and understanding to parents who have lost a baby through miscarriage, ectopic pregnancy, still birth or newborn death.

Services: Support Group meetings for bereaved parents and their families.

# Special Needs Identification and Assignment Coordination (SNIAC)

75th MDG, Hill AFB, UT (801) 777-1237

Purpose/Description: To ensure military family members have access to services as they PCS with the military member.

Manages "Q" codes.

Services: Overseas clearances

Fees: Free

Area Served: AD Military and dependents

# Trauma Awareness and Treatment Center

32 West Winchester Suite 101 Murray, UT 84107 (801) 263-6367

http://www.traumaawareness.org

Purpose/Description: To provide specialized therapists, services, and facilities for children, adolescents, adults, and families to resolve their traumatic experiences.

Services: Educate individuals, families, and the community concerning the sources of trauma and what can be done to resolve it. Provides play therapy to facilitate the healing process in children and adolescents, marital, family, and group therapy for unresolved trauma, and services to the sexually abused.

Fees: Set, private insurance and Medicaid Area Served: Statewide (victims only)

# Utah Coalition Against Sexual Assault (UCASA)

404 North 300 West # 3 Salt Lake City, UT 84103 (801) 746-0404 http://www.ucasa.org

Purpose/Description: Advocates for programs that support people affected by sexual violence.

Services: Provides information, consultation, technical assistance, and referrals to sexual assault victim service providers statewide. Conducts professional training sessions statewide to increase the sensitivity and expertise of all disciplines of service providers.

Fees: None

Area Served: Statewide

#### **Utah Parent Center**

2290 E 4500 S Ste 110 Salt Lake City, UT 84117 (801) 272-1051

www.utahparentcenter.org/

Purpose/Description: To provide emotional, social, and educational support to families in the autism community. Services: Training, information, referrals, individual assistance,

workshops, presentations, and displays.

Fees: Membership Area Served: All Areas

# Utah Youth Village

5800 South Highland Drive Salt Lake City, UT 84121

(801) 272-9980

http://www.youthvillage.org

Purpose/Description: Residential and therapeutic group homes for adolescent boys and girls described as pre-delinguent, delinguent, or emotionally disturbed.

Services: Social, independent living, parent, and family reintegration skills training, individual, group, and family therapy,

and a family preservation program.

Fees: Varies

Area Served: Statewide

**Utahcares** 

Utahcares.utah.gov

Purpose/Description: A free, confidential tool that helps you find

state and community services.

Services: Connects you with providers that offer basic services, such as, housing, food, childcare, financial assistance, volunteer opportunities, and much more.

Fees: None

Area Served: Statewide

# Victim Information & Notification Everyday (VINE)

1-800-816-0491

http://www.vinelink.com

Purpose/Description: A free, anonymous, computer-based service that provides services to victims of crime.

Services: Inform/notify victims of offender status, changes in

offender custody status, and court hearing dates.

Fees: None

Area Served: Statewide

# Victim Witness Assistance Program (VWAP)

Bldg 1278 Hill AFB, UT 84056

(801) 777-6755

Purpose/Description/Services: Available to anyone who is a victim of a crime committed by an active duty member.

Fees: None

Area Served: Hill AFB

# **Volunteer Center of Davis County**

www.unitedwaydc.org

Purpose/Description: To link people with volunteer opportunities.

Services: Acts as a liaison between agencies needing

volunteers and people who wish to volunteer.

Fees: None

Area Served: Davis County

# Volunteers of America, Utah (VOA)

511 West 200 South Suite 160 Salt Lake City, UT 84101 (801) 363-9414 http://www.yoaut.org

Purpose/Description: Serves people and communities in need, and creates opportunities for people to volunteer.

Services: Alcohol/Drug detoxification center, Center for women and children, Homeless outreach program, Retired/senior volunteer program, Treatment services, Homeless youth resources center, car donations, & Foster grandparent program.

Fees: Sliding Scale
Area Served: Statewide

#### Weber Human Services

237 26th Street, Ogden, UT 84401 (801)625-3700 http://weberhs.org

Purpose/Description: To provide high quality, accessible, affordable human services to the residents of Weber and Morgan Counties

Services: Adult and youth mental health and substance abuse programs, Autism support, youth skills development. Senior services include meals on wheels, transportation, and legal assistance.

Fees: varies by service

Area Served: Weber and Morgan Counties

# Women, Infants, and Children Program (WIC)

288 North 1460 West Salt Lake City, UT 84116 (801) 538-6960

http://www.health.utah.gov/wic/

Purpose/Description: Helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Services: Nutrition education and counseling, nutritious foods, food vouchers, and help accessing health care are provided to low-income women, infants, and children.

Fees: None

Area Served: Davis County (801) 773-8834 Weber County (801)

399-7200

# Young Women's Christian Association (YWCA)

322E 300S Salt Lake City, UT 84111 (801) 537-8600 www.ywca.org

Purpose/Description: A 50-bed shelter provides crisis intervention, advocacy for women and children. Services: 24-hour crisis hotline and shelter admission, basic needs such as three meals daily, a safe private family room, clothing, transportation, and personal care items, crisis intervention, documentation of injuries, safety plans, advocacy for children and families, support groups, information and referrals, and relocation assistance, on-site child care and public school classroom, therapeutic recreation groups, and discussion groups for children exposed to family violence.

Fees: None

Area Served: Salt Lake Area

# Your Community Connection (YCC)

2261 Adams Avenue Ogden UT 84401 (801) 394-9456 Crisis Line: (801) 392-7273 www.yccogden.org

Purpose/Description: To provide services to support and enhance the quality of life for everyone.

Services: Homeless/housing assistance center, senior life care program, family enrichment center, victim advocate program, domestic violence shelter, after care program, parenting education, and counseling services.

Fees: None

Area Served: Statewide

# Youth and Families with Promise (YFP)

28 E State St Farmington, UT 84025 (801) 451-3410

Purpose/Description: Provides mentors for youth (ages 10-14) and their families.

Services: Mentors provide motivation and tutoring and participate with them in structured recreation, community service, and youth groups. Youth, parents, and mentors participate in monthly group activities designed to strengthen family bonds through experiential learning

Fees: None

Area Served: Davis County

# **INTEGRATED DELIVERY SYSTEM PROGRAMS**

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Helping Program	Airman & Family Readiness Center (A&FRC)	Alcohol & Drug Abuse Prevention & Treatment (ADAPT)	Alternate Dispute Resolution (ADR)	Chaplain	Child d& Youth Services (YC, CDC, FCC)	Civilian Health Promotions Service (CHPS)	Employee Assistance Program (EAP)	Equal Opportunity Office	Family Advocacy Program (FAP)	Health & Wellness Center (HAWC)	Medical Clinic	Mental Health Clinic (MHC)	Military Family Life Consultant	Occupational Medicine	Organization Consulting Office	Sexual Assault Response Coordinator (SARC)	Wellness Advocates	Family Support 360 Military	School Liaison
Allergy Education						A				A	M								
Anger Management							С		M	A									
Classes							_												
Arthritis Education						A				A	M								
Asthma Education						A				A	M								
Back Care						A				A	M			С					
Education																			
Blood Pressure						A				A	M			С					
Education /																			
Screening																			
Body Fat Analysis						A				A									
Cardiac Risk						A				A	M								
Appraisals																			
Career Assistance	A																		
Child Care					M														
Assistance																			
Childhood Obesity										A	M								
Reduction																			
Cholesterol						C				A	M								
Education /																			1
Screening																			
Colorectal Disease						A				A	M								1
Education																			<u> </u>
Confidential Sexual									M		M	M				A			1
Assault																			1
Reporting /																			1
Assistance																			
Counseling							C						A						1
Family																			<u> </u>
Counseling							C					M	A						1
Individual																			<u> </u>
Counseling				A			C		M			M	A						1
Marriage	ļ .			,			~										~		—
Crisis Intervention	A			A			C					M	X	C	1		C		İ

A = All DoD employees and family members

 $\mathbf{M} =$ Active duty military and family members

**C** = DoD civilian employees and family members

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Helping Program	Airman & Family Readiness Center (A&FRC)	Alcohol & Drug Abuse Prevention & Treatment (ADAPT)	Alternate Dispute Resolution (ADR)	Chaplain	Child and Youth Services	Civilian Health Promotions Service (CHPS)	Employee Assistance Program (EAP)	Equal Opportunity Office	Family Advocacy Program (FAP)	Health & Wellness Center (HAWC)	Medical Clinic	Mental Health Clinic (MHC)	Military Family Life Consultant	Occupational Medicine	Organization Consulting Office	Sexual Assault Response Coordinator (SARC)	Wellness Advocates	Family Support 360 Military	School Liaison
Deployment	Α				M		С					M							
Assistance							_												
Diabetes Education						A				A	M								
Education and IEP																		M	M
Assistance																			
Equal Opportunity								A											
Counseling /																			
Complaint																			
Executive Coaching														С	X				
Exercise & Aging						AC				A	M								
Education																			
Exercise						A				A	M			С					
Counseling																			
Family				A			С		M				A				С		
Maltreatment																			
Financial	Α						С												
Counseling																			
Grief Counseling	A			A			С					M	A						
Headache						A				A	M								
Education																			
Healthy Cooking										A									
Demonstrations																			
Healthy Sleep						A				A	M								
Home Buying /	A																		
Selling Seminars																			
Hypertension						A				A	M								
Education																			
Marriage	A			A					A	A									
Enrichment																			
Programs																			
Marriage	A		_	A															]
Preparation																			
Nutrition						A				A	M								
Counseling	<u> </u>																		
Parenting Programs	A						C		A				A				C		
PCS / Relocation	A												A				С		
Assistance	1																		
Referral Assistance	A						C							C		A	C		
Resume Writing	A																		
Running Clinic	1									A									
Skin Cancer						A				A	M			C					
Education																			
$\mathbf{A} = \text{All DoD emple}$		1.0							~				,		1.0	nilv m	-		

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Smoking Cessation										A	M			С					
Special Needs	A																		
Family Member																			l
Support																			
Stress Management	A						C			A				С					
Substance Abuse		A					C							С			C		
Assistance																			
Supervisor	A						C							С	С		C		
Consultation																			
Transition	A																		l
Assistance																			
Weight Management						A				A	M								
Weight Training for										A									
Women																			
Workplace Dispute			C											C	C				
Resolution																			
Workplace Injury /											M			C					
Illness															~				-
Workplace Team	A														C				
Building											3.5								
Women's / Men's						A				A	M								
Health																			
	1			1	1	1		1		1	1		1	1	i	1			i .

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